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<tbody>
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</tbody>
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**2010 RAVES AND FAVES - NON FICTION**

**Tuesdays with Morrie: An Old Man, A Young Man and Life's Greatest Lesson** *by* Albom, Mitch

Tuesdays with Morrie is the best-selling inspirational true story of Albom and the discussions he had with his dying sociology professor and mentor, Morrie Schwartz. The topic is life, and Schwartz has profound advice for his former student. Highly recommended for all public libraries. - Library Journal


**Friday Night Lights: A Town, A Team, And a Dream** *by* Bissinger, H. G.

Pulitzer Prize-winning journalist Bissinger spent 1988 in Odessa, Tex., a town obsessed with its champion high-school football team, the Permian Panthers. PW called this a "superb, if disquieting, portrait of heartland America." – Publishers Weekly


**My Life in France** *by* Child, Julia; Prud'homme, Alex

Julia Child created a new approach to American cuisine with her cookbook Mastering the Art of French Cooking and her television show The French Chef, but as she reveals in this bestselling memoir, she was not always a master chef. Begun just months before her death and completed by her grandnephew, this memoir resurrects Julia's early days in France when she didn't even know how to cook. – Publisher’s Weekly/Library Journal

*Publisher:* Knopf Doubleday  *ISBN-13:* 9780307277695  *Pages:* 368  *Pub. Date:* October 2007 (another edition was published in 2009 with media tie-in)

**Heart Matters** *by* Clarkson, Adrienne

Heart Matters is more than a public life remembered—it chronicles an astonishing journey through triumph and turmoil. Remarkably insightful and inspiring, it is an extraordinary work by an extraordinary Canadian. – Amazon


**7 Habits of Highly Effective People** *by* Covey, Stephen R.

In The 7 Habits of Highly Effective People, author Stephen R. Covey presents a holistic, integrated, principle centered approach for solving personal and professional problems. - Whitehots


**Murder of King Tut, The: The Plot to Kill the Child King - A Non fiction Thriller** *by* Dugard, Martin; Patterson, James

A non-fiction thriller from the master of suspense, James Patterson, as he reopening the ultimate cold case: the unsolved death of King Tut. A true crime tale of intrigue, betrayal, and usurpation that presents a compelling case that King Tut's death was anything but natural. - Whitehots

**2010 RAVES AND FAVES - NON FICTION**

**The Good Soldiers** by Finkel, David  
Finkel's keen firsthand reportage, its grit and impact only heightened by the literary polish of his prose, gives us one of the best accounts yet of the American experience in Iraq – Publisher’s Weekly  

**Always Looking Up: The Adventures of an Incurable Optimist** by Fox, Michael J.  
In *Always Looking Up*, he writes about the personal philosophy that carried him through his darkest hours, and speaks with others who have emerged from difficult periods with optimism to spare. – Amazon.ca  

**Eat, Pray, Love** by Gilbert, Elizabeth  
Realizing that her marriage was over and that her life needed serious therapy, she headed to Rome to eat and flirt and enjoy. Satiated on gelato, olive oil, and pasta, she moved on to an ashram in India to practice yoga and meditation before finally traveling to Bali, where she finds new love. Honest, funny, and endearing, Gilbert learns about herself and how she wishes to inhabit the world. – Library Journal  

**Outliers: The Story of Success** by Gladwell, Malcolm  
In this stunning new book, Malcolm Gladwell takes us on an intellectual journey through the world of "outliers" --the best and the brightest, the most famous and the most successful. Brilliant and entertaining, OUTLIERS is a landmark work that will simultaneously delight and illuminate. - Whitehots  

**The Ridiculous Race: 26,000 Miles. 2 Guys. 1 Globe. No Airplanes.** by Hely, Steve; Chandrasekaran, Vali  
The most absurd, hilarious, and ridiculous travelogue ever told, by two hit-TV comedy writers who raced each other around the world-for bragging rights and a very expensive bottle of Scotch. There was only one rule: no airplanes. What follows is a pair of hilarious, hazardous, and eye-opening journeys into the farthest corners of the world.  

**You've Got to Read This Book!: 55 People Tell the Story of the Book That Changed Their Life** by Hendricks, Gay; Canfield, Jack L.; Kline, Carol  
There's nothing better than a book you can't put down or better yet, a book you'll never forget. This book puts the power of transformational reading into your hands. Jack Canfield, co-creator of the bestselling Chicken Soup for the Soul series, and self-actualization pioneer Gay Hendricks have invited notable people to share personal stories of books that changed their lives. - Whitehots  
Me to We: Finding Meaning in a Material World  
*by* Kielburger, Craig (Author); Kielburger, Marc (Author)  
Me To We is an approach to life that leads us to recognize what is truly valuable, make new decisions about the way we want to live, and re-define the goals we set for ourselves and the legacy we want to leave. - Whitehots  
*Publisher*: John Wiley & Sons Canada  
*ISBN-13*: 9780470153642  
*Pages*: 320  
*Pub. Date*: 2007

Rich Dad Poor Dad: What the Rich Teach Their Kids about Money That the Poor and the Middle Class Do Not  
*by* Kiyosaki, Robert T.; Lechter, Sharon L.  
Robert T. Kiyosaki learned early on that the real reason the rich get richer and the poor get poorer fix the financial savvy passed down from one generation to the next, rather than the money itself. RICH DAD, POOR DAD uses the author's two "fathers" -- one, an entrepreneur who mentored Kiyosaki, and his real father, an academic -- as models of two starkly different approaches to finance. - Whitehots  
*Publisher*: Tech Press  
*ISBN-13*: 9780964385610  
*Pages*: 186  
*Pub. Date*: 1997

Three Cups of Tea: One Man's Mission to Promote Peace... One School at a Time  
*by* Mortenson, Greg; Relin, David Oliver  
Rescued by Pakistani villagers after a failed attempt at climbing K2, Mortenson vowed to build them a school. Twelve years later, his Central Asia Institute has built 55 schools (some serving girls) despite fatwas and worse. – Library Journal  
*Publisher*: Penguin Group (USA)  
*ISBN-13*: 9780670034826  
*Pages*: 352  
*Pub. Date*: 2006

Dreams from My Father: A Story of Race and Inheritance  
*by* Obama, Barack  
In this lyrical, unsentimental, and compelling memoir, the son of a black African father and a white American mother searches for a workable meaning to his life as a black American. The sudden death of Obama’s father inspires an emotional odyssey, first to a small town in Kansas, from which he retraces the migration of his mother's family to Hawaii, and then to Kenya, where he meets the African side of his family, confronts the bitter truth of his father's life, and at last reconciles his divided inheritance. - Whitehots  
*Publisher*: Crown Publishing Group  
*ISBN-13*: 9781400082773  
*Pages*: 480  
*Pub. Date*: 2004

The Last Lecture  
*by* Pausch, Randy; Zaslow, Jeffrey  
Made famous by his Last Lecture at Carnegie Mellon and the quick Internet proliferation of the video of the event, Pausch decided that maybe he just wasn't done lecturing. Despite being several months into the last stage of pancreatic cancer, he managed to put together this book. Despite his sometimes-contradictory life rules, it proves entertaining and at times inspirational. – Publisher’s Weekly  
*Publisher*: Hyperion Press  
*ISBN-13*: 9781401309657  
*Pages*: 224  
*Pub. Date*: 2008

Lucky: A Memoir  
*by* Sebold, Alice  
Enormously visceral, emotionally gripping, and imbued with the belief that justice is possible even after the most horrific of crimes, Alice Sebold's compelling memoir of her rape at the age of eighteen is a story that takes hold of you and won't let go. With *Lucky* she delivers on that promise with mordant wit and an eye for life's absurdities, as she describes what she was like both as a young girl before the rape and how that rape changed but did not sink the woman she later became. – Whitehots  
*Publisher*: Little Brown & Company  
*ISBN-13*: 9780316096195  
*Pages*: 272  
*Pub. Date*: 2002
The Rose That Grew from Concrete by Shakur, Tupac
A collection of poetry written by the rapper between 1989 and 1991, before he became famous. The poems are passionate, sometimes angry, and often compelling. Selections are reproduced from the originals in Shakur's handwriting, personalized by distinctive spelling and the use of ideographs (a drawing of an eye for I, etc.), and complete with scratch outs and corrections. – School Library Journal

A Place Within: Rediscovering India by Vassanji, M. G.
“Strikingly written … beautifully observed, filled with myths, stories, legends, history, journal entries, and family narratives. It is an expertly stitched collage and, as much as it reveals about India, it is a great portrait of Vassanji himself…. Wonderful.”- The Globe and Mail
Won the Governor General’s Award 2009

The Glass Castle: A Memoir by Walls, Jeannette
Though gritty and graphic, this excellent book should be a part of all library collections. – Library Journal
**CENTRAL ALTERNATES**

**All the President's Men** by Bernstein, Carl; Woodward, Bob
Beginning with the story of a simple burglary at Democratic headquarters and then continuing with headline after headline, Bernstein and Woodward kept the tale of conspiracy and the trail of dirty tricks coming -- delivering the stunning revelations and pieces in the Watergate puzzle that brought about Nixon's scandalous downfall. Their explosive reports won a Pulitzer Prize for The Washington Post and toppled the President. - Whitehots

**An Open Heart: Practicing Compassion in Everyday Life** by Dalai Lama XIV; Vreeland, Nicholas
How does one actually become a compassionate person? What are the mechanisms by which a selfish heart is transformed into a generous heart? The Dalai Lama's teachings on this essential subject, drawn from talks he delivered during his epochal visit to America in 1999, form the basis of this universally appealing book. - Whitehots

**Pact, The: Three Young Men Make a Promise and Fulfill a Dream**
*by Davis, Sampson; Page, Lisa Frazier; Hunt, Rameck; Jenkins, George*
Growing up in broken homes in a crime-ridden area of Newark, N.J., these three authors could easily have followed their childhood friends into lives of drug-dealing, gangs and prison. But when their high school was visited by a recruiter from a college aimed at preparing minority students for medical school, the three friends decided to make something of their lives. Today, Davis and Hunt are doctors, and Jenkins is a dentist; the men's Three Doctors Foundation funds scholarships to give other poor black kids the same opportunities.

**Collapse: How Societies Choose to Fail or Succeed** by Diamond, Jared M.
Diamond is a brilliant expositor of everything from anthropology to zoology, providing a lucid background of scientific lore to support a stimulating, incisive historical account of these many declines and falls. Readers will find his book an enthralling, and disturbing, reminder of the indissoluble links that bind humans to nature. – Publisher’s Weekly

**Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures** by Fadiman, Anne
Award-winning reporter Fadiman has turned what began as a magazine assignment into a riveting, cross-cultural medicine classic in this anthropological exploration of the Hmong population in Merced County, California. Following the case of Lia (a Hmong child with a progressive and unpredictable form of epilepsy), Fadiman maps out the controversies raised by the collision between Western medicine and holistic healing traditions of Hmong immigrants. In a shrinking world, this painstakingly researched account of cultural dislocation has a haunting lesson for every healthcare provider. Highly recommended for all collections. – Library Journal