

Cycling Mississauga



Registered Cycling Programs:

Mountain Bike Kid's Group Rides (Half Day)

Mountain Bike Camp (Full Day)

Mountain Bike Handling For Women

For more information regarding these programs, call 905-615-4100.

Mississauga's Trail Network

The City of Mississauga's trail network includes roadways that are considered "bicycle friendly." Please pick up a free copy of the Bicycle & Multi Use Trail Map by e-mailing trails@mississauga.ca and start exploring Mississauga on two wheels!

Future editions of the Activity Guide will include new on road-based bicycle routes in the City for residents who prefer to bicycle with traffic.

Attention: Parents/Guardians

Cycling is an unsupervised activity. You are responsible for the adequate care, protection and supervision of your child(ren). The City assumes no responsibility. Helmets are required to be worn by all ages, please set a good example, wear your helmet.

Mississauga Cycling Advisory Committee (MCAC)



BMX Bike Parks

Mississauga has three dirt jump parks:

Clarkson Park

South of Bromsgrove Rd. on the east side of Winston Churchill Blvd.

Meadowvale Sports Park

Meadowvale Blvd. west of Mississauga Rd. north of Derry Rd.

Plum Tree Park

Tenth Line north of Aquitaine Ave.

Mountain Bike Park

Ellis Leuschner Challenge Park

This is a skills park for freestyle riders. Culham Trail and Highway 403. Parking is available at Burnhamthorpe Rd. W. and Credit Woodlands Rd., ride north on Culham Trail approximately 1 km.

We want to hear from You!

Email us at trails@mississauga.ca. Ask us a question, tell us your thoughts or offer advice/comments on cycling. You can also receive a free copy of the Trails and Bikeway Map.

TRAIL ETIQUETTE

Keep to the right
Cyclists yield to pedestrians
Give audible warning when passing
Keep to the trail

Do not litter
Respect nature and private property
Have your dog on a leash



Road Positions for Cyclists

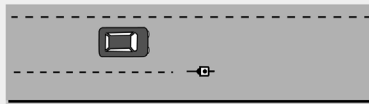
According to the Highway Traffic Act of Ontario, bicycles are vehicles. Cyclists have the same rights and responsibilities as motorists and are subject to the same traffic laws, signs and signals.



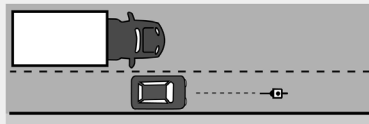
Cyclist's position from curb



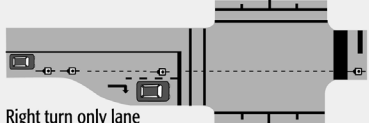
Parked cars



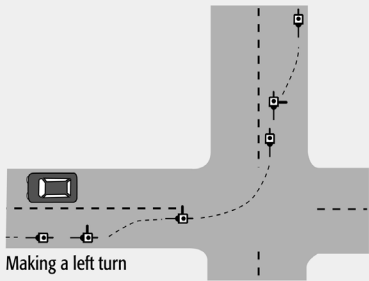
Wide lane



Narrow lane



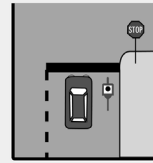
Right turn only lane



Making a left turn



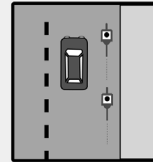
Be careful at intersections.



Obey all traffic laws, signs and signals.



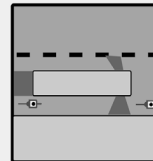
Watch out for parked cars, doors may be opened suddenly.



Ride with the flow of traffic and single file.



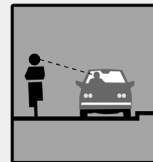
Stay off sidewalks.



Keep out of the blind spots of bus and truck drivers.



Use lights at night.



Make eye contact with motorists.

Ontario's Bicycle Helmet Law



WRONG

WRONG

RIGHT

Signals to Indicate Turns



STOP

LEFT

RIGHT or RIGHT

Failure to use proper signals and ride in proper road positions can result in charges under the Ontario Highway Traffic Act and worse an accident.

It is strongly recommended that all cyclists, irrespective of age, wear a CSA, ANSI or SNELL approved bicycle helmet. Your personal safety is your responsibility. However, it is the law for those 17 years old and younger to wear a helmet. Wearing an approved bicycle helmet will reduce the number and severity of head injuries sustained in bicycle crashes. Following the rules of the road and using safe equipment may prevent collisions. The CSA, ANSI or SNELL approved helmet should cover the top of your forehead. If the helmet is tipped too far forward or backward, it will not protect you properly. The straps should be snug without pinching and be easy to fasten and release. Helmets with four fully adjustable straps are best.

Be Alert – Be Predictable – Be Visible – Be Courteous

Multi-Use Ramp Parks

www.mississauga.ca/skatepark



Churchill Meadows

3755 Thomas St. (northwest of Thomas St. and 10th Line)

Civic Centre

At Mississauga Civic Centre, 300 City Centre Dr.

Clarkson

At Clarkson Community Centre, 2475 Truscott Dr.

Huron

At Huron Park Recreation Centre, 830 Paisley Blvd. W.

Malton

At Malton Arena, 3430 Derry Rd. E.

Mississauga

At Iceland Arena, 705 Matheson Blvd. W.

Port Credit

At Port Credit Memorial Park, 22 Stavebank Rd. N.

For inquiries or special occasion bookings call 905-615-4100.

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ATTENTION: PARENTS/GUARDIANS

Multi-Use Ramp and Dirt Jump Parks are unsupervised.

You are responsible for the adequate care, protection and supervision of your child(ren).

The City assumes no responsibility.

You should always insist that your child(ren) wear protective gear and helmets.



The Action Sports Coalition

The Action Sports Coalition (ASC) represents the Action Sport Community, specifically skateboarding, BMX and Free Riding. ASC is a collective voice for the action sport community that liaises with government agencies, landowners and other interest groups. ASC raises funds for new facilities and promotes safety and responsible use of recreation action sport facilities in Mississauga.

To become involved, please contact:

The Action Sports Coalition
5-3024 Hurontario St. Suite #314
Mississauga, L5B4P4
or www.asc-group.org

We want to hear from You!

Email us at trails@mississauga.ca. Ask us a question, tell us your thoughts or offer advice/comments on cycling. You can also receive a free copy of the Trails and Bikeway Map.

