

GLENFOREST POOL

3575 Fieldgate Dr.

Glenforest Pool is located behind the Glenforest Secondary School, one block East of the Community Centre on Fieldgate Dr.



LENGTH SWIMS

Monday	8:35pm - 9:30pm
Wednesday	9:05pm - 10:00pm
Friday	8:35pm - 9:30pm
Saturday	12:35pm - 1:30pm
Sunday	12:35pm - 1:30pm

\$3.60

FUN SWIMS

Friday	7:00pm - 8:30pm
Saturday	1:35pm - 3:00pm
Sunday	1:30pm - 3:00pm

\$2.60

Swimming Lessons start
January 12, 2008
Register Early to ensure a spot

To rent the Pool Call 905-615-4630 for more information

INDOOR/ OUTDOOR ARENA

INDOOR ARENA

PUBLIC SKATING

Mondays	Adult	10:00am - 12:00pm	\$3.60
	Fun Skate	12:30pm - 2:00pm	\$2.60
Fridays	Adult	10:00am - 12:00pm	\$3.60
	Fun Skate	7:15pm - 8:45pm	\$2.60

PARENT & TOT STICK & PUCK

Mondays \$2.60
2:30pm - 4:00pm

TIM HORTONS SKATES

December 28th	7:15pm - 8:45pm
December 30th	1:15pm-2:45pm
December 27th, 28th,	2:30pm - 4:00pm
January 2nd, 3rd, 4th,	2:30pm - 4:00pm
January 4th	7:15pm - 8:45pm

OUTDOOR ARENA

PUBLIC SKATING

Sundays	12:00pm - 3:00pm
Mondays	10:00am - 12:00pm
Tuesdays	10:00am - 12:00pm
Wednesdays	10:00am - 12:00pm 3:00pm - 4:30pm
Thursdays	10:00am - 12:00pm 3:00pm - 4:30pm
Fridays	10:00am - 12:00pm
Saturdays	11:00am - 3:00pm

FREE

STICK & PUCK Adult

Mon, Wed, Fri
1:00pm - 2:30pm

Parent & Tot Tues, Thurs

1:00pm - 2:30pm

SHINNY

Tuesdays & Fridays
Ages 12-15
3:00pm - 4:30pm

**BOOK ICE FOR: Hockey practices, Games,
and Birthday Parties.**

For more info or to book call: 905-615-4100



Burnhamthorpe
Community Centre

Where there's
something for everyone

1500 Gulleden Dr.
Mississauga, ON L4X 2T7
905-615-4630
www.mississauga.ca

DANCE CLASSES

Belly Dance Level 1

Ages 15 and Up

Sat Jan 12	9:30am - 10:30pm	386782
Wed Jan 16	6:30pm - 7:30pm	386781
Mon Jan 14	6:30pm - 7:30pm	403956

Belly Dance Level 2

Ages 15 and Up

Sat Jan 12	10:30am - 11:30am	386786
Mon Jan 14	7:30pm - 8:30pm	386788
Wed Jan 16	7:30pm - 8:30pm	386785

Belly Dance Level 3

Ages 15 and Up

Sat Jan 12	11:30am - 12:30pm	386791
Mon Jan 14	8:30pm - 9:30pm	386790
Wed Jan 16	8:30pm - 9:30pm	386789

Brazilian Carnival Samba

Ages 15 and Up

Sat Jan 12	12:30pm - 1:30pm	386798
Mon Jan 14	8:00pm - 9:00pm	406353

Calypso Carnival Dance

Fee \$ \$58.88	Ages 15 and Up	8 Classes
Thurs Jan 17	7:30pm - 8:30pm	386807

Reggaeton Dance

Fee \$58.88	Ages 15 and Up	8 Classes
Mon Jan 14	7:00pm - 8:00pm	406373

African Dancing

Fee \$58.88	Ages 15 and Up	8 Classes
Thurs Jan 17	8:30pm - 9:30pm	406376

Dance Mix Adult

Fee \$46.72	Ages 15 and Up	8 Classes
Thurs Jan 17	6:30pm - 7:30pm	386835

Hawaiian Hula Dance

Fee \$54.80	Ages 7 to 9yrs	8 Classes
Mon Jan 14	6:00pm - 7:00pm	386852

Hawaiian Hula Dance

Fee \$54.80	Ages 10 to 14yrs	8 Classes
Mon Jan 14	6:00pm - 7:00pm	386851

Hawaiian Hula Dance Adult

Fee \$58.88	Ages 15 and Up	8 Classes
Mon Jan 14	7:00pm - 8:00pm	386853

MISSISSAUGA
Recreation and Parks
Leading today for tomorrow

SPORTS

ARCHERY

Archery
 Fee \$55.36 Ages 8 to 11yrs 8 Classes
 Sun Jan 13 8:30am - 9:30am 381658

Archery
 Fee \$55.36 Ages 12 to 16yrs 8 Classes
 Sun Jan 13 9:30am - 10:30am 381659

Archery for Adults
 Fee \$58.64 Ages 17 and Up 8 Classes
 Sun Jan 13 10:30am - 11:30am 381660

Archery for Adults
 Fee \$58.64 Ages 17 and Up 8 Classes
 Sun Jan 13 11:30am - 12:30pm 403894

BASKETBALL

Mini Basketball
 Fee \$ 43.04 Ages 4 to 5yrs 8 Classes
 Sun Jan 13 12:30am - 1:30am 382078

Basketball
 Fee \$43.04 Ages 6 to 8yrs 8 Classes
 Tue Jan 15 5:30pm - 6:30pm 381707

Basketball
 Fee \$43.04 Ages 9 to 11yrs 8 Classes
 Sun Jan 13 1:30pm - 2:30pm 381714

Basketball 3 on 3 League
 Fee \$32.18 Ages 10 to 13yrs 8 Classes
 Sun Jan 13 2:30pm-4:30pm 381719

SOCCER

Mini Soccer
 Fee \$43.04 Ages 4 to 6yrs 8 Classes
 Sat Jan 12 9:30am - 10:30am 382097

Indoor Soccer
 Fee \$43.04 Ages 6 to 8yrs 8 Classes
 Sat Jan 12 10:30am - 11:30am 382178

Indoor Soccer
 Fee \$43.04 Ages 9 to 11yrs 8 Classes
 Mon Jan 14 5:30pm - 6:30pm 382185

Parent & Tot Skating
 Fee \$61.24 Ages 3 & up 10 Classes
 Sat Jan 12 10:30am-11:00am 403436

& MORE

Cheerleading 101
 Fee \$43.04 Ages 10 to 14yrs 8 Classes
 Mon Jan 14 7:00pm - 8:00pm 386817

Sports Series
 Fee \$43.04 Ages 6 to 8yrs 8 Classes
 Wed Jan 16 5:00pm - 6:00pm 382202
 Fee \$43.04 Ages 9 to 11yrs 8 Classes
 Wed Jan 16 5:00pm - 6:00pm 382206

Badminton Hit Around (10-13)
 Fee \$49.34 Ages 10-13 years 8 Classes
 Thu Jan 17 6:45pm - 8:15pm 406383

Karate Classes/ Advance Yellow Belt
 Fee \$63.45 Ages 6 and Up 9 Classes
 Tues Jan 08 6:30pm - 7:45pm 386875
 Yellow Belt 6:30pm - 7:45pm 407171

Badminton Adult
 Fee \$68.40 Ages 18 and Up 8 Classes
 Tues Jan 15 8:00pm - 9:30pm 386752
 Thurs Jan 17 8:15pm - 9:45pm 386751

Hockey Skills and Drills
 Fee \$40.23 Ages 7 to 12yrs 5 Classes
 Thurs Jan 17 5:00pm - 6:30pm 381932

HOLIDAY HOCKEY CAMP

Hockey Skills Drills and More
 Fee \$47.27 Ages 7 to 12yrs 3 Days
 Wed Jan 02 9:00am - 12:00pm 406357

PRE SCHOOL

Kindergym (ages 2 to 4 years old)
 Fee \$53.28 8 weeks
 Fri Jan 18 10:00am-11:00am 382027

Snacktivities
 Fee \$41.26 5 weeks
 Sun Feb 17 2:00pm - 3:00pm 423953

Please note Glen Forest Indoor Pool offers many Preschool Swims!
 905-615-4630

FITNESS

MORNING

Buttocks Legs and Core
 Fee \$50.80 Ages 15 and Up 8 Classes
 Sat Jan 12 8:30am - 9:30am 386804

Pilates
 Fee \$71.52 Ages 15 and Up 8 Classes
 Sun Jan 13 9:00am - 10:00am 386937

Low Impact Fitness
 Fee \$50.80 Ages 15 and Up 8 Classes
 Tues Jan 15 9:00am - 10:00am 386902
 Thurs Jan 17 9:00am - 10:00am 386903

Osteoporosis Class/ Senior Osteo
 Fee \$50.80 Ages 15 and Up 8 Classes
 Tues Jan 15 10:00am - 11:00am 386929
 Thurs Jan 17 10:00am - 11:00am 386930

**Ladies Drop-in
 FLOOR BALL**
 Sundays 2:45pm-4:45pm
 Gymnasium \$8.12 per visit
 Come try something new!

EVENING

Buttocks Legs and Core
 Fee \$50.80 Ages 15 and Up 8 Classes
 Tue Jan 15 6:00pm - 7:00pm 386805

Yoga
 Fee \$60.96 Ages 15 and Up 8 Classes
 Mon Jan 14 8:00pm - 9:30pm 387038

Yoga Mixed
 Fee \$60.96 Ages 15 and Up 8 Classes
 Tues Jan 15 7:30pm - 9:00pm 387068

Nia Technique
 Fee \$71.52 Ages 15 and Up 8 Classes
 Tues Jan 15 6:00pm - 7:00pm 407393

Basic Fitness Sampler
 Fee \$50.80 Ages 15 and Up 8 Classes
 Thurs Jan 17 6:30pm - 7:30pm 386768

Spicy Fit
 Fee \$50.80 Ages 16 and Up 8 Classes
 Thurs Jan 17 8:30pm - 9:30pm 386993

YOUTH DROP-IN PROGRAMS

B-BOY CULTURE (break dance)
 \$2
 Ages 10 and Up
 Mon 5:00pm - 7:00pm



My NBA LEAGUE
 Tues 3:30pm - 5:15pm
 Thurs 3:30pm-5:15pm
 Ages 10 to 14yrs
 Grades 6,7,8

MISSISSAUGA AT PLAY

FREE!!
 Ages 10 to 14yrs
 Mon: 3:15pm-5:15pm
 Wed: 3:30pm - 5:15pm
 Fri 3:00pm - 4:45pm



TEENDANCES
 \$3
 Ages 10 to 14yrs
 6:30pm - 8:30pm
**Last Friday of
 Every Month**