Parent and Tot Swimming
Spend quality time with your child while you both have fun, learn and socialize. Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart® tips on keeping your child safe in any aquatic setting.

Preschool Swimming Lessons

Parent and Tot Swimming
Spend quality time with your child while you both have fun, learn and socialize. Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart® tips on keeping your child safe in any aquatic setting.

Preschool Swimming Lessons

Level 1
Designed for the 3 to 12-month-old to learn to enjoy the water with the parent.

Level 2
Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.

Level 3
Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

Preschool A
We encourage the parent to participate until their child lets them know they can do it themselves. These preschoolers will have fun learning to get in and out of the water. We’ll help them jump into shallow water. They’ll try floats and glides on their front and back, wearing a Personal Flotation Device. They’ll learn to get their face wet and blow bubbles underwater. Pre-requisite: New to lessons or participated in Parent and Tot.

Preschool B
These preschoolers learn to jump into shallow water by themselves and get in and out wearing a Personal Flotation Device. They’ll submerge and exhale underwater. With a buoyant aid, they’ll work on moving through the water kicking on their front and back. Pre-requisite: Completed Preschool A

Preschool C
These preschoolers will try jumping into chest-deep water and into deep water wearing a Personal Flotation Device. They’ll recover objects from the bottom. They’ll work on moving efficiently through the water on their front and back and while wearing a PFD. Pre-requisite: Completed Preschool B

Preschool D
Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They’ll learn to support themselves at the surface, open their eyes underwater and recover objects from the bottom in deeper water. They’ll master short (3-5m) swims on their front and back. Pre-requisite: Completed Preschool C

Preschool E
These youngsters get more adventurous with sideways entries wearing a PFD; front and back floats with rollovers; and holding their breath underwater for up to 5 sec. They’ll work on longer (5-10m) front and back crawl swims and get a giggle out of whip kick. Pre-requisite: Completed Preschool D

Swim All Year Preschool
Same time, same place, same swimming instructor. Register once and attend lessons from now until June. No need to worry about reregistering, getting the same instructor or time slot again. Learn at your own pace. Candidates learn and move through the Lifesaving Society Swim program in a comfortable, consistent environment. Select the starting level and we will take care of the rest! Scheduled payments are available.

New for Winter:
- Little Tykes Basketball
- Little Tykes Floor Hockey
- Little Tykes Soccer
- Little Tykes Sports Series
- Tiny Travelers

Parent and Tot Swim
For parents with children 5 years of age and under; Play pool only; Tuesday and Thursday 9:30 - 10:30 a.m.
Cost: $2.75 per person. Children 3 years of age and younger FREE.

Stay and Play
Children of different ages can have fun using activity stations that incorporate physical development apparatus, arts and crafts materials and theme ideas each week. Parents are responsible for the supervision of their child(ren). This is a drop in program. Mon., Wed. and Fri. 9:30—11:30 a.m.
Age: Newborn - 5 years $6.75 for guardian and up to 2 children

310 Bristol Road East 905-615-4660 www.mississauga.ca/frankmckechnie
General Interest Programs

All About Preschool
This class will allow your child to sample some of our popular preschool programs designed to develop school readiness. Children will experience an introduction to Kinder Korner, Mini Math, Little Learners and Little Scientist.

Ages: 3 to 5 years
Day: Wednesday, 1:00 - 2:00 p.m.
Dates: February 14 to March 7
Cost: $32.20 for 4 classes
Course Code: 372063

Discover Dinosaurs
Your young paleontologist will enjoy crafting and singing as they explore measurement, physical relationships and problem solving concepts. One parent is requested to volunteer for each class.

Ages: 3 to 5 years
Day: Saturday, 12:45 - 1:45 p.m.
Dates: January 6 to February 3
Cost: $40.25 for 5 classes
Course Code: 372063

Day: Tuesday, 1:00 - 2:00 p.m.
Dates: February 13 to March 6
Cost: $32.20 for 4 classes
Course Code: 375273

Kinder Korner
ABC’s and 1,2,3’s! Familiarize your child with Kindergarten routines as they enjoy educationally based activities such as circle time, theme days, crafts and storytime. Children must be ready to participate independent of parent. Parents are requested to volunteer for one class.

Ages: 3 to 5 years
Day: Saturday, 12:45 - 1:45 p.m.
Dates: January 6 to February 3
Cost: $40.25 for 5 classes
Course Code: 372170

Day: Tuesday, 1:00 - 2:30 p.m.
Dates: January 9 to March 6
Cost: $70.88 for 9 classes
Course Code: 372172

Little Learners Level 1
Through recreational games and learning activities children will explore letter recognition, beginning sounds and other pre-reading and comprehension skills. Parents are requested to volunteer for one class.

Ages: 3 to 5 years
Day: Thursday, 1:00 - 2:30 p.m.
Dates: January 11 to March 8
Cost: $70.88 for 9 classes
Course Code: 372227

Day: Friday, 9:00 - 10:30 a.m.
Dates: January 12 to March 9
Cost: $70.88 for 9 classes
Course Code: 372228

Little Learners Level 2
For those who have already mastered letter and sound recognition and are ready to move on to beginning reading and emergent writing activities. Parents are requested to volunteer for one session.

Ages: 4 to 6 years
Day: Saturday, 12:30 - 2:00 p.m.
Dates: January 6 to March 3
Cost: $70.88 for 9 classes
Course Code: 372231

Little Scientists
Explore the wonder of science while having fun with friends. Everyday household items will be used to demonstrate scientific principles. Children will use critical thinking to predict and test outcomes of their own scientific experiments.

Ages: 4 to 6 years
Day: Monday, 1:00 - 2:00 p.m.
Dates: January 8 to February 5
Cost: $40.25 for 5 classes
Course Code: 372235

Day: Saturday, 12:45 - 1:45 p.m.
Dates: February 10 to March 3
Cost: $32.20 for 4 classes
Course Code: 377743

Mini Manners
Children will learn to share and show respect. Through crafts, songs, imaginative games and activities, your little one will develop table manners, appropriate self expression and effective communication.

Ages: 3 to 5 years
Day: Tuesday, 1:00 - 2:00 p.m.
Dates: January 9 to February 6
Cost: $40.25 for 5 classes
Course Code: 372259

Mini Math Level 1
Through recreational games and learning activities, children will gain an understanding of number recognition, sorting, patterning and shape recognition. Parents are requested to volunteer for one class.

Ages: 3 to 5 years
Day: Saturday, 9:00 - 10:30 a.m.
Dates: January 6 to March 3
Cost: $70.88 for 9 classes
Course Code: 372262

Day: Monday, 1:00 - 2:30 p.m.
Dates: January 8 to March 5
Cost: $70.88 for 9 classes
Course Code: 375280

Day: Tuesday, 9:30 - 11:00 a.m.
Dates: January 9 to March 6
Cost: $70.88 for 9 classes
Course Code: 372264

Mini Math Level 2
For those who have mastered number recognition (1-20). Recreational games and activities will be used to introduce addition, subtraction and problem solving. Parents are requested to volunteer for one class.

Ages: 4 to 6 years
Day: Wednesday, 1:00 - 2:30 p.m.
Dates: January 10 to March 7
Cost: $70.88 for 9 classes
Course Code: 372264

Pre Kinder Korner
Introduce your child to the routines of Kindergarten in preparation for being left alone without parents. Circle time, theme days, crafts and learning activities will be the focus of the program. Parents are required to attend and the goal is to gradually ease parents out of the classroom.

Ages: 3 to 5 years
Day: Saturday, 2:15 - 3:15 p.m.
Dates: January 6 to March 3
Cost: $47.25 for 9 classes
Course Code: 375271

Day: Monday, 9:30 - 10:30 a.m.
Dates: January 8 to March 5
Cost: $47.25 for 9 classes
Course Code: 372311

Day: Friday, 1:00 - 2:00 p.m.
Dates: January 12 to March 9
Cost: $47.25 for 9 classes
Course Code: 372308

Programs begin the week of January 7th. Register now to avoid disappointment.
General Interest Programs - con't

**Razza Ma Tazz**
This class combines the basics of jazz and ballet. This introductory program will allow your child to experience the creative aspects of dance. Ballet slippers or gymnastics slippers required.

Dates: January 6 to March 3
Cost: $44.55 for 9 classes
Course Code: 372329

**Storms, Stars and the Sky Above**
Explore weather, the atmosphere, astronomy and more. Play games, do crafts and have fun learning about lightening, rain, stars and air.

Ages: 3 to 5 years
Day: Monday, 1:00 - 2:00 p.m.
Dates: February 12 to March 5
Cost: $32.20 for 4 classes
Course Code: 377759

**Shake, Rattle and Roll**
Children are led through songs, body awareness activities and the art of rhythmic expression with the use of tambourines, bells, maracas and drums. Parents are required to volunteer for one class.

Ages: 3 to 5 years
Day: Saturday, 10:10 - 11:10 a.m.
Dates: January 6 to March 3
Cost: $58.50 for 9 classes
Course Code: 372330

**Movers and Shakers**
For children who love to move. This class emphasizes exploration, expression and imagination. Your child will develop body awareness, musicality, balance and coordination. Parent participation is required.

Ages: 2 to 4 years
Day: Sunday, 11:15 - 12:00 p.m.
Dates: January 10 to March 7
Cost: $44.55 for 9 classes
Course Code: 372291

**Bells and Whistles Level 3**
Children and parents explore music through song, movement and instruments.

Ages: 2 to 3 1/2 years
Day: Saturday, 9:00 - 10:00 a.m.
Dates: January 6 to March 3
Cost: $58.50 for 9 classes
Course Code: 377808

Day: Thursday, 9:30 - 10:30 a.m.
Dates: January 11 to March 8
Cost: $58.50 for 9 classes
Course Code: 377807

**Two for Fun**
Got 2 kids at home? Come and enjoy this sibling program for preschool aged children. Designed to encourage independence in an instructional setting, your child will participate in theme based games, cooperative activities and songs while moms or dads and babies (2 months to 2 years) spend quality time together in explorative play. Register only the older child. Please note, there is a maximum of two children per adult.

Ages: 3 to 5 years
Day: Monday, 11:00 - 12:00 p.m.
Dates: January 8 to March 5
Cost: $78.75 for 9 classes
Course Code: 372395

**Creative Dance Step 2**
While mom and dad are away, this creative dance class will provide your child with the opportunity to explore music and rhythm through basic dance steps.

Ages: 4 to 5 years
Day: Sunday, 3:00 - 3:45 p.m.
Dates: January 14 to March 25
Cost: $49.50 for 10 classes
Course Code: 376910

**Tiny Travelers**
Little ones will explore a variety of cultures on this magical trip. Each step on the journey presents a puzzle or activity that participants will need to complete in order to get to their final destination, ultimately learning to overcome obstacles and reach their goals! Children will learn about other countries in the world through songs, crafts and games.

Ages: 3 to 5 years
Day: Monday, 1:00 - 2:00 p.m.
Dates: February 12 to March 5
Cost: $32.20 for 4 classes
Course Code: 377759

**For a full list of programs please see the Fall/Winter Active Mississauga Guide or visit www.mississauga.ca/rec&parks**

**Pre Ballet**
Creative movement is the focus of this introductory class. In addition to experiencing the creative aspects of dance, your child will be introduced to basic ballet skills.

Ages: 5 to 6 years
Day: Sunday, 3:45 - 4:30 p.m.
Dates: January 14 to March 25
Cost: $49.50 for 10 classes
Course Code: 376940

**Dance, Drama and Music**

**Sensory Sensation**
Many children enter school with diminished sensory abilities that may hinder their learning. Through the use of hands on play using their five senses, your child will develop these foundational skills in a fun and stimulating environment. Parent participation is required.

Ages: 3 to 5 years
Day: Friday, 11:00 - 12:00 p.m.
Dates: January 12 to March 9
Cost: $47.25 for 9 classes
Course Code: 372329

**Razza Ma Tazz**
This class combines the basics of jazz and ballet. This introductory program will allow your child to experience the creative aspects of dance. Ballet slippers or gymnastics slippers required.

Dates: January 6 to March 3
Cost: $44.55 for 9 classes
Course Code: 372329

**Level 1**
- Ages: 4 to 5 years
  - Day: Sunday, 3:00 - 3:45 p.m.
  - Dates: January 14 to March 25
  - Cost: $49.50 for 10 classes
  - Course Code: 376910

**Level 2**
- Ages: 5 to 6 years
  - Day: Sunday, 3:45 - 4:30 p.m.
  - Dates: January 14 to March 25
  - Cost: $49.50 for 10 classes
  - Course Code: 376940

**Creative Dance Step 2**
While mom and dad are away, this creative dance class will provide your child with the opportunity to explore music and rhythm through basic dance steps.

Ages: 4 to 5 years
Day: Sunday, 3:00 - 3:45 p.m.
Dates: January 14 to March 25
Cost: $49.50 for 10 classes
Course Code: 376910

**Movers and Shakers**
For children who love to move. This class emphasizes exploration, expression and imagination. Your child will develop body awareness, musicality, balance and coordination. Parent participation is required.

Ages: 2 to 4 years
Day: Sunday, 11:15 - 12:00 p.m.
Dates: January 7 to March 4
Cost: $44.55 for 9 classes
Course Code: 372293

Day: Sunday, 1:45 - 2:30 p.m.
Dates: January 7 to March 4
Cost: $44.55 for 9 classes
Course Code: 375269

Day: Wednesday, 2:15 - 3:00 p.m.
Dates: January 10 to March 7
Cost: $44.55 for 9 classes
Course Code: 372291

Day: Thursday, 10:45 - 11:30 a.m.
Dates: January 11 to March 8
Cost: $44.55 for 9 classes
Course Code: 372292

**For a full list of programs please see the Fall/Winter Active Mississauga Guide or visit www.mississauga.ca/rec&parks**
Art Programs

Easter Bunny Hop
Here comes Peter Cottontail hopping down the bunny trail. Join us for an Easter egg hunt, songs and games. Children will create items such as decorated eggs and bunny related crafts in this independent of parent program. Come and join us for a hopping, happy time.
Ages: 3 to 5 years
Day: Friday, 5:30 - 7:30 p.m.
Dates: March 30
Cost: $25.37 for 1 class
Course Code: 372065

Pencils, Paints and Plasticine
Get messy and have fun while experimenting with craft materials and art techniques each week.
Ages: 2 1/2 to 5 years
Day: Saturday, 10:45 - 12:15 p.m.
Dates: January 6 to March 3
Cost: $69.53 for 9 classes
Course Code: 372302
Day: Thursday, 1:00 - 2:30 p.m.
Dates: January 11 to March 8
Cost: $69.53 for 9 classes
Course Code: 372303

Scribbles and Strings
Let your little one discover the artist within. You and your child will enjoy getting your hands dirty. Projects will use a variety of materials and techniques.
Ages: 18 to 30 months
Day: Saturday, 9:00 - 10:30 a.m.
Dates: January 6 to March 3
Cost: $69.53 for 9 classes
Course Code: 372327
Day: Tuesday, 9:30 - 11:00 a.m.
Dates: January 9 to March 6
Cost: $69.53 for 9 classes
Course Code: 372372

Sports & Athletics

Kindergym Level 2 to 4
A perfect opportunity to spend time with your little busy bee! All levels will enjoy songs, finger plays and rhymes. For safety reasons, please register only one child per adult.

Kindergym Level 2 (6 mths to 1 yr)
Explore a variety of developmental exercises and infant stimulation activities. Children must be able to crawl by the first class.
Day: Wednesday, 9:30 - 10:15 a.m.
Dates: January 10 to March 7
Cost: $43.88 for 9 classes
Course Code: 375274

Kindergym Level 3 (1 to 2 years)
Level 3 will discover the fun of climbing, jumping, sliding and crawling on a variety of apparatus. Children must be able to walk by the first class.
Day: Sunday, 9:00 - 10:00 a.m.
Dates: January 7 to March 4
Cost: $58.50 for 9 classes
Course Code: 375276
Day: Wednesday, 10:25 - 11:25 a.m.
Dates: January 10 to March 7
Cost: $58.50 for 9 classes
Course Code: 375275

Kindergym Level 4 (2 to 4 years)
Level 4 will discover the fun of climbing, jumping, sliding and crawling on a variety of apparatus.
Day: Sunday, 10:15 - 11:15 a.m.
Dates: January 7 to March 4
Cost: $58.50 for 9 classes
Course Code: 375279
Day: Wednesday, 11:35 - 12:35 a.m.
Dates: January 10 to March 7
Cost: $58.50 for 9 classes
Course Code: 375278

Smorgasports (2 to 3 years)
You and your child will explore a variety of sports equipment, games and circle activities. Both structured and free play will be presented daily. One child per adult please.
Day: Sunday, 2:30 - 3:30 p.m.
Dates: January 7 to March 4
Cost: $47.25 for 9 classes
Course Code: 372338

Little Tykes (3 to 4 years)
Children will participate in a variety of activities that promote the development of coordination, gross motor skills and cooperation. Program encourages children to be active and have fun while playing games and activities related to sports. Children must be ready to participate on their own.
Basketball
Day: Tuesday, 9:45 - 10:30 a.m.
Dates: January 9 to March 6
Cost: $35.44 for 9 classes
Course Code: 377747

Soccer
Day: Sunday, 11:30 - 12:15 p.m.
Dates: January 7 to March 4
Cost: $35.44 for 9 classes
Course Code: 375281

Sports Series
Day: Saturday, 11:30 - 12:15 p.m.
Dates: January 6 to March 3
Cost: $35.44 for 9 classes
Course Code: 372236
Day: Monday, 5:00 - 5:45 p.m.
Dates: January 8 to March 5
Cost: $35.44 for 9 classes
Course Code: 372384

Mini Sports (4 to 5 years)
Children will participate in a variety of activities and drills that promote coordination, development of gross motor skills and cooperation.
Basketball
Day: Monday, 5:00 - 6:00 p.m.
Dates: January 8 to March 5
Cost: $47.25 for 9 classes
Course Code: 372246
Day: Tuesday, 10:30 - 11:30 a.m.
Dates: January 9 to March 6
Cost: $47.25 for 9 classes
Course Code: 372247

Floor Hockey
Day: Sunday, 1:30 - 2:30 p.m.
Dates: January 7 to March 4
Cost: $47.25 for 9 classes
Course Code: 372252

Soccer Indoor
Day: Friday, 5:00 - 6:00 p.m.
Dates: January 12 to March 9
Cost: $47.25 for 9 classes
Course Code: 372269

Sports Series
Day: Sunday, 12:30 - 1:30 p.m.
Dates: January 7 to March 4
Cost: $47.25 for 9 classes
Course Code: 372278
Day: Thursday, 4:30 - 5:30 p.m.
Dates: January 11 to March 8
Cost: $47.25 for 9 classes
Course Code: 372283

Sports Series for Girls
Day: Thursday, 4:30 - 5:30 p.m.
Dates: January 11 to March 8
Cost: $47.25 for 9 classes
Course Code: 372288