



**CARMEN CORBASSON COMMUNITY CENTRE** 1  
 905-615-4800 AND  
**MISSISSAUGA SENIORS' CENTRE** 905-615-4810  
 55 Plus Goan Association  
 - West GTA Inc.  
 Contact: Leslie  
 416-629-1242 or  
 leslie.desouza@outlook.com

**District 20, Mississauga Senior Games**  
 Contact: Denise  
 905-274-5903 or  
 jpdb2007@sympatico.ca

**BURNHAMTHORPE COMMUNITY CENTRE** 2  
 905-615-4630  
 Burnhamthorpe Italian Seniors  
 Contact: Joe joe@anzini.com

**Lifelong Learning Mississauga (LLM)**  
 lifelonglearningmississauga@gmail.com

**Mississauga Croatian Seniors Association**  
 Contact: Vinko 905-846-7315

**Seniors Pioneer Club**  
 Contact: Masoom 647-268-3671  
 or pakpioneers@yahoo.ca

**CLARKSON COMMUNITY CENTRE** 3  
 905-615-4840  
 Clarkson Seniors Association  
 Contact: Diane 905-820-2535  
 or dhubalee@outlook.com

**ERIN MEADOWS COMMUNITY CENTRE AND CHURCHILL MEADOWS ACTIVITY CENTRE** 4  
 905-615-4750

**Erin Meadows Seniors**  
 Contact: Larry 905-568-4638 or  
 erinmeadowsEMSC@gmail.com

**Feng Hua Senior Association**  
 Contact: 905-997-3838 or  
 fenghuaseniors@gmail.com

**Tong Le Senior Association**  
 Contact: Long Jin Chen  
 ljchen123@yahoo.com

**FRANK MCKECHNIE COMMUNITY CENTRE** 5  
 905-615-4660

**Mississauga Jiahua Chinese Senior Association**  
 Contact: Thomas 416-695-8495  
 or jiahuzeg@gmail.com

**Retraite active de Peel**  
 Contact: Jean-Luc  
 info@retraiteactivepeel.ca  
 retraiteactivepeel.ca

**HURON PARK COMMUNITY CENTRE** 6  
 905-615-4820

**Chinese Golden Age Club of Mississauga**  
 Contact: Andrew 905-270-8239  
 or aleee8239@gmail.com

**Huron Bocce and Social Club**  
 Contact: Carmela 905-279-5076  
 or cderoia@gmail.com

**Huron Park Italo Canadian Senior Club**  
 Contact: Frank 905-275-6285  
 or hpicsc2381@gmail.com

**Mississauga 55 Plus Cari - Can Group**  
 Contact: Wilma 905-567-7873  
 wilmacfrancis@hotmail.com

**Gurjarati Seniors Samaj of Mississauga**  
 Contact: Pravin 905-897-9149  
 or pravinsah@rogers.com

**MALTON COMMUNITY CENTRE** 7  
 905-615-4640

**Malton Italian Seniors**  
 Contact: Pina 416-843-8803  
 or pinasidoti@rogers.com

**Malton Senior Friendship Club**  
 Contact: Yvette 905-678-6220  
 or yesym@rogers.com

**Senior Asian Association of Mississauga**  
 Contact: Joginder jankhila@gmail.com  
 or 437-928-3515

**MEADOWVALE COMMUNITY CENTRE** 8  
 905-615-4710

**Meadowvale Seniors Social Club**  
 Contact: Bernard  
 905-858-0817 or  
 loisbernardwehappy@hotmail.com

**Mississauga Seniors Cultural Association**  
 Contact: Amarjit 416-356-8777  
 or mscaontario@gmail.com

**Sahara Seniors Services**  
 Contact: Narinder 416-985-5336  
 or saharass2015@gmail.com

**MISSISSAUGA VALLEY COMMUNITY CENTRE** 9  
 905-615-4670

**Filipino Seniors of Mississauga**  
 Contact: Cesar 905-279-3187  
 or ccruzhs@yahoo.ca

**La Casa De Los Abuelos**  
 Contact: Dina 905-212-7580 or  
 berthapazan@yahoo.com

**Mississauga Club Italia**  
 Contact: Domenic  
 905-273-3844 or  
 domcolli@yahoo.com

**Senior Tamils Society of Peel**  
 Contact: Nadarajah  
 905-290-3000 or  
 info@peeltamilseniors.ca

**Xin Tian Di Seniors**  
 Contact: Yoshie  
 289-497-9867 or  
 xintianidcanada@hotmail.com

**RIVER GROVE COMMUNITY CENTRE** 10  
 905-615-4780

**Meet and Greet Seniors Club of Mississauga**  
 Contact: Dr Sabharwal  
 647-639-9896 or  
 meetandgreetsc2018@gmail.com

**River Grove Seniors Friendship Club**  
 Contact: Rose 905-274-2080  
 or rgsecretary2@gmail.com

**River Grove South Asian Seniors Group**  
 Contact: 416-898-3814 or  
 imohammed258@yahoo.com

**Streetsville Seniors Club #111**  
 Contact: Alan 905-542-8033 or  
 adougherty1943@gmail.com

**SHUBH Helping Hands Seniors Club**  
 Contact: Neena 647-296-4387  
 or clubshubhhh@gmail.com

**SOUTH COMMON COMMUNITY CENTRE** 11  
 905-615-4770

**Credit Valley Seniors Club**  
 Contact: Robert (Bob)  
 416-786-5083 or  
 rharrick@rogers.com

**Mississauga Seniors' Club Canada Inc.**  
 Contact: Didar 905-285-0339  
 or mississaugaseniorclub@gmail.com

**Silver Lining Filipino Seniors Association**  
 Contact: Estelito 905-712-1205  
 or estelitocruz@gmail.com

**Golf Groups**

**Golden Golfers Club**  
 Contact: Kuldeep Chandra  
 905-337-8707 or  
 cpkchandra@gmail.com

**Huronsauga Golf Club**  
 Contact: Randi  
 randigrant1903@gmail.com

**ACTIVE ADULT CENTRE OF MISSISSAUGA** 12  
 Formerly known as Square One Older Adult Centre  
 905-615-3207  
 aacmiss.ca or info@aacmiss.ca

**City run programs available. Contact your community centre for more information.**