

# Concussion Code of Conduct

For Athletes & Parents/Guardians

City of Mississauga  
Community Services  
300 City Centre Drive  
Mississauga, Ontario L5B 3C1  
mississauga.ca



I have reviewed the Government of Ontario's concussion awareness resources within the past 12 months.

I will help prevent concussions by my commitment to fair play and respect for all (respecting other athletes, coaches, team trainers and officials).

I have a commitment to concussion recognition and reporting, including self-reporting of possible concussion and reporting to a designated person when an individual suspects that another individual may have sustained a concussion. (Meaning: If I think I might have a concussion I should stop participating in further training, practice or competition immediately, or tell an adult if I think another athlete has a concussion).

I have a commitment to sharing any pertinent information regarding incidents of removal from sport with the athlete's school and any other sport organization with which the athlete has registered.

I understand my commitment to supporting the return-to-sport process.

**By signing here, I acknowledge that I have fully reviewed and commit to this Concussion Code of Conduct.**

## Athlete

\_\_\_\_\_  
Name of Athlete (Print)

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date Signed (YYYY MM DD)

## Parent/Guardian (of athletes who are under 18 years of age)

\_\_\_\_\_  
Name of Parent/Guardian (Print)

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date Signed (YYYY MM DD)

***Rowan's Law (Concussion Safety), 2018 was passed by the Ontario Government to improve concussion safety in amateur competitive sport. This Code of Conduct meets the mandatory requirements of O. Reg. 161/19: General.***