



**CARMEN CORBASSON
COMMUNITY CENTRE** 1
905-615-4800 AND
MISSISSAUGA SENIORS'
CENTRE 905-615-4810
55 Plus Goan Association
- West GTA Inc.
Contact: Leslie
416-629-1242 or
leslie.desouza@outlook.com

District 20, Mississauga
Senior Games
Contact: Denise
905-274-5903 or
jpd2007@sympatico.ca

**BURNHAMTHORPE
COMMUNITY CENTRE** 2
905-615-4630
Burnhamthorpe Italian Seniors
Contact: Joe joe@anzini.com

Lifelong Learning
Mississauga (LLM)
lifelonglearningmississauga@
gmail.com

Mississauga Croatian Seniors
Association
Contact: Vinko 905-846-7315

Seniors Pioneer Club
Contact: Masoom 647-268-3671
or pakpioneers@yahoo.ca

**CLARKSON
COMMUNITY CENTRE** 3
905-615-4840
Clarkson Seniors Association
Contact: Diane 905-820-2535
or dhubalee@outlook.com

**ERIN MEADOWS
COMMUNITY CENTRE** 4
AND CHURCHILL MEADOWS
ACTIVITY CENTRE
905-615-4750

Erin Meadows Seniors
Contact: Larry 905-568-4638 or
erinmeadowsEMSC@gmail.com

Feng Hua Senior Association
Contact: 905-997-3838 or
fenghuaseniors@gmail.com

Tong Le Senior Association
Contact: Long Jin Chen
ljchen123@yahoo.com

**FRANK MCKECHNIE
COMMUNITY CENTRE** 5
905-615-4660

Mississauga Jiahua
Chinese Senior Association
Contact: Thomas 416-695-8495
or jiahuaazeg@gmail.com

Retraite active de Peel
Contact: Jean-Luc
info@retraiteactivepeel.ca
retraiteactivepeel.ca

**HURON PARK
COMMUNITY CENTRE** 6
905-615-4820

Chinese Golden Age
Club of Mississauga
Contact: Andrew 905-270-8239
or alee8239@gmail.com

Huron Bocce and Social Club
Contact: Carmela 905-279-5076
or cderoia@gmail.com

Huron Park Italo
Canadian Senior Club
Contact: Frank 905-275-6285
or hpicsc2381@gmail.com

Mississauga 55 Plus
Cari - Can Group
Contact: Wilma 905-567-7873
wilmacfrancis@hotmail.com

Gurjarati Seniors Samaj
of Mississauga
Contact: Pravin 905-897-9149
or pravinsah@rogers.com

**MALTON
COMMUNITY CENTRE** 7
905-615-4640

Malton Italian Seniors
Contact: Pina 416-843-8803
or pinasidoti@rogers.com

Malton Senior Friendship Club
Contact: Yvette 905-678-6220
or yesym@rogers.com

Senior Asian Association
of Mississauga
Contact: Joginder jankhila@
gmail.com or 437-928-3515

**MEADOWVALE
COMMUNITY CENTRE** 8
905-615-4710

Meadowvale Seniors Social Club
Contact: Bernard
905-858-0817 or
loisbernardwehappy@hotmail.com

Mississauga Seniors Cultural
Association
Contact: Amarjit 416-356-8777
or mscaontario@gmail.com

Sahara Seniors Services
Contact: Narinder 416-985-5336
or saharass2015@gmail.com

**MISSISSAUGA VALLEY
COMMUNITY CENTRE** 9
905-615-4670

Filipino Seniors of Mississauga
Contact: Cesar 905-279-3187
or ccruzhs@yahoo.ca

La Casa De Los Abuelos
Contact: Dina 905-212-7580 or
berthapazan@yahoo.com

Mississauga Club Italia
Contact: Domenic
905-273-3844 or
domcolli@yahoo.com

Senior Tamils Society of Peel
Contact: Nadarajah
905-290-3000 or
info@peeltamilseniors.ca

Xin Tian Di Seniors
Contact: Yoshie
289-497-9867 or
xintiandicanada@hotmail.com

**RIVER GROVE
COMMUNITY CENTRE** 10
905-615-4780

Meet and Greet Seniors
Club of Mississauga
Contact: Dr Sabharwal
647-639-9896 or
meetandgreet2018@
gmail.com

River Grove Seniors
Friendship Club
Contact: Rose 905-274-2080
or rgsecretary2@gmail.com

River Grove South Asian
Seniors Group
Contact: 416-898-3814 or
imohammed258@yahoo.com

Streetsville Seniors Club #111
Contact: Alan 905-542-8033 or
adougherty1943@gmail.com

SHUBH Helping Hands
Seniors Club
Contact: Neena 647-296-4387
or clubshubhhh@gmail.com

**SOUTH COMMON
COMMUNITY CENTRE** 11
905-615-4770

Credit Valley Seniors Club
Contact: Robert (Bob)
416-786-5083 or
rharrick@rogers.com

Mississauga Seniors'
Club Canada Inc.
Contact: Didar 905-285-0339
or mississaugaseniorsclub@
gmail.com

Silver Lining Filipino
Seniors Association
Contact: Estelito 905-712-1205
or estelitocruz@gmail.com

Golf Groups

Golden Golfers Club
Contact: Kuldeep Chandra
905-337-8707 or
cpkchandra@gmail.com

Huronsauga Golf Club
Contact: Randi
randigrant1903@gmail.com

**ACTIVE ADULT CENTRE
OF MISSISSAUGA** 12

Formerly known as Square
One Older Adult Centre
905-615-3207
aacmiss.ca or info@aacmiss.ca

City run programs available.
Contact your community
centre for more information.