

### **Traffic Safety Times**

#### Back to School Edition, September 2021

A newsletter for the Mississauga School Walking Routes Program

# Can you find these Signs in your Community?

If you are receiving this newsletter, your school is a participant in the Mississauga School Walking Routes Program!

This program first started in 2008 with a single school, St Raymond.
Citizen volunteers from the Traffic Safety
Council partnered with with City staff and local school communities to map out popular routes to school, then mark the routes with these signs for families to walk and roll together.



## Rethinking your Journey to School

While walking to school can help decrease traffic congestion and improve safety for students, active school travel also provides a great opportunity for some fresh air, exercise and quality time for parents/caregivers and their children.

Think of the following questions you could ask while walking to and from school:

- What will/what did make you smile today?
- Tell me something you know today, but did not know yesterday?
- If you could change something today what would it be?

Since then, the program has expanded to include over 35 schools- including yours! The program includes a "launch" event to celebrate walking and rolling to school. Schools are encouraged to keep up the momentum to promote active school travel, to promote healthy lifestyles, reduce carbon emissions, and foster the building of safer, friendlier communities.

### How can I help my school do more to promote walking to school?

A great starting point for ideas is the Ontario Active School Travel website: ontarioactiveschooltravel.ca/

Talk to your principal to share your interest and ideas!

#### **Traffic Safety Word Search**

E	٧	1	т	С	Α	Q	R	R	F
K	U	R	W	G	S	1	G	N	U
E	Q	0	E	E	D	Α	L	D	N
S	т	Υ	т	E	N	М	E	т	G
U	Z	U	٧	0	E	т	R	S	K
0	0	Α	В	1	1	т	0	Р	L
R	S	L	K	R	R	N	J	K	Α
K	Q	Υ	т	E	F	A	S	т	W

Words to find: • SIGN • WALK• FUN • ACTIVE • FRIENDS • ROUTE • SAFETY•

