

Frozen Banana Cereal Pops

Enjoy this delicious recipe anytime throughout the day as a snack!

Time to complete: 10 min.

Age Group: 10-14 yrs.

Materials and ingredients:

- $\frac{3}{4}$ cup of strawberry yogurt
- 2 cups crushed up fruit loops cereal
- 4 medium bananas, peeled and cut crosswise in half
- 8 wooden popsicle sticks



Optional ingredients:

- Switch up yogurt flavour for any flavour you like
- Switch up the cereal you dip the bananas in for any cereal you would like
- If nuts are not a problem for you, roll your pop in your favourite crushed nuts

Instructions:

1. Place yogurt and cereal in separate shallow bowls. Insert Popsicle sticks through cut side of bananas. Dip bananas in yogurt, and then roll in cereal to coat. Transfer to waxed paper-lined baking sheets
2. Freeze until firm, about 1 hour. Transfer to airtight freezer containers; seal containers and return pops to freezer.