

Rainbow Grilled Cheese

Create this fun, delicious colour grilled cheese in the kitchen!

Time to complete: 25 min.

Age Group: 10 yrs. +

Ingredients:

- 1/3 cup of any white cheese (grated)
- 2 slices of bread
- 1 package of food colouring
- 1 tablespoon of butter/margarine
- Ketchup (optional)

Materials:

- Cheese grater
- Butter knife
- Medium-size frying pan
- 4 small bowls (a bowl for each food colouring)
- 4 spoons/forks
- Plate
- Spatula

Instructions:

1. Gather your ingredients.
2. Divide your shredded white cheese evenly between the bowls.



3. Add a few drops of food colouring to one bowl and stir with your spoon/fork until the cheese is coated and colourful.
4. Repeat adding food colouring to each bowl. Ensure to use a different utensil for each colour to spread colours from another bowl.
5. Butter one side of each slice of bread.
6. Add the coloured cheese to the unbuttered side of bread, in individual lines, so that the colours are not overlapping. This will create the rainbow effect.
7. In a medium-low heated pan, add the buttered grilled cheese and cook until the bread turns golden brown and all the cheese has begun to melt.
8. Flip the sandwich. Repeat until each side is golden brown and the cheese has completely melted.
9. Remove the pan from the heat and turn off the stove.
10. Plate and serve!

