

Quick sticky buns

Sticky but tasty!

Time to complete: 30 min. to make, 10 min. to bake

Age Group: All ages; adult supervision recommend for young children

Supplies:

- 1 pkg. refrigerator biscuits
- 2 Tbsp. melted butter
- ¼ cup brown sugar
- 2 Tbsp. maple syrup
- ¼ cup chopped nuts
- ½ tsp. cinnamon



Instructions: (bake 10 minute)

- Preheat oven according to the package directions.
- Combine melted butter, sugar, syrup, nuts and cinnamon in a round 8" cake pan.
- Top with refrigerator biscuits.
- Serve warm and enjoy!