

Homelessness Supports in Mississauga

Shower Program

Access to showers are available at the following locations:

Port Credit Arena (40 Stavebank Rd N)

Mon - Sat: 1 - 4 pm

Meadowvale Community Centre (6655 Glen Erin Dr)

Mon - Sat: 10 am - 12 pm & Mon - Sat: 1 - 4 pm

Malton Community Centre (3540 Morning Star Dr)

Mon - Fri: 8:30 - 10:30 am & Mon - Sat: 1 - 4 pm

Resource and Information Centre

Open Window Hub offers help to individuals/families who are experiencing homelessness and/or mental health issues. A social worker is on site. Call **905-615-3200 ext 3541** or visit:

Civic Centre C Cafe (300 City Centre Dr)

Tue, Thu, Fri: 10 am - 3 pm (by appointment after 1 pm)

Malton Community Centre (3540 Morning Star Dr)

Wed: 10 am - 3 pm (by appointment after 1 pm)

Hot Meals

Grab and go meals at the Open Window Hub (C Cafe - 300 City Centre Dr):

Tue, Thu, Fri : 12 pm

Street Helpline (Region of Peel)

In need or worried about someone? Call **1-877-848-8481** for 24/7 support.

Learn more about homelessness supports available at mississauga.ca/homelessness

