

Blob Tag

The game of tag where everyone becomes part of the same team!

Preparation time: 2 min.

Ages: 5+, recommended swim level Swim for Life 2+

What you need:

- Backyard pool with waist-deep water
- Minimum 4 people

Instructions:

1. Establish a safe swimming area, a space where all swimmers can touch the bottom of the pool and the boundaries of the game.
2. Assign a person to be “the blob.” They must capture the other people by wrapping their arms around their arms or the body of other swimmers “swallowing” the person into their blob.
3. Other swimmers must run, jump or swim to get away from the blob. If they become captured, they become part of the blob and must hold hands forming a circle. Working as a team, they must move through the water to “swallow” the other swimmers until all people have joined the circle.
4. The last person to be captured wins the game.



Water Smart® Tip: Learn to Swim

Swimming is a skill that can not only save your life, but be a lot of fun!

- Canada is a country full of lakes and rivers (and a culture of swimming, boating and aquatic activity both at the pool and in nature)
- Knowing how to swim is a life skill and an essential part of staying safe and having fun
- Learning how to Swim to Survive is the first step in learning how to swim. Check the Lifesaving Society.com to learn about the Swim to Survive program

