

becoming a lifeguard

Completing aquatic certifications can lead to a job with the City. Apply at jobs.mississauga.ca

Make a difference, stay active, and gain valuable leadership, communication, and decision-making skills. Learn to handle pressure, work as a team, and take charge in critical situations.

Bronze Medallion & Emergency First Aid/CPR-B

Prerequisites: Bronze Star or 13+ years old
Focuses on water rescue skills, lifesaving techniques, and emergency response.

Bronze Cross & Standard First Aid/CPR-C

Prerequisites: Bronze Medallion/EFA/CPR-B
Builds advanced skills in rescue and CPR. The CPR-C course is more thorough, including adult, child, and infant resuscitation.

Assistant Instructor (Optional)

Prerequisites: Bronze Cross or higher and 14+ years old
Teaches you skills to assist instructors with swimming and lifesaving classes.

Consider becoming a Volunteer Junior Instructor at this stage

Principles of Healthy Child Development

Prerequisites: Must be 14+ years old
Understand child behaviour and needs when teaching or interacting with children in lifeguarding settings.

Lifesaving Society Swim and Lifesaving/Emergency First Aid Instructors

Prerequisites: Bronze Cross and Standard First Aid/CPR-C and 15+ years old
Instructor training courses to teach swimming and lifesaving skills to others.

National Lifeguard: Pool

Prerequisites: Bronze Cross and Standard First Aid/CPR-C and 15+ years old
Teaches advanced rescue techniques, scanning, and responding to emergencies in pools.

Become a Swim Instructor/Lifeguard after taking the required courses above