# **All About Camps**

(Updated: 06/24/2025)

The City of Mississauga offers safe, secure, and inclusive camps. The information in this document will help parents and guardians understand our operating standards. For more details, call your local Community Centre.

### **General Camp Information**

- Full-day camps run from 9:00 am to 4:00 pm, Monday to Friday, with the exception of camps at BraeBen Golf Course and Paramount Fine Food Centre which run 8:30 am to 4:30 pm
- Half-day camp options run from 9:00 am to 12:00 pm or 1:00 pm to 4:00 pm
- Extended hours options are available for an additional cost at most locations.
- For the safety of participants and staff, the City of Mississauga has specific procedures for administering medication to participants during program hours (see medications).
- Help keep our camps healthy this summer. Remind your camper about the
  importance of washing their hands and covering coughs and sneezes. If your
  camper isn't feeling well, please keep them at home. Information about protecting
  your family can be found at <a href="https://peelregion.ca/health">https://peelregion.ca/health</a>

#### Camp Withdrawals

If your child will not be attending camp or is registered in multiple camps for the same week, withdrawals must be completed the week prior to camp by Wednesday morning (7:30 am for extended hours, 8:30 am or 9:00 am depending on camp start time). Withdrawals after this time will not be approved.

## Is Your Camper Group Ready?

To support the success, safety and inclusion of all programs and participants, it is important that all campers are 'group ready'.

City of Mississauga camps are fast paced with a variety of activities and settings such as gyms, arenas, and playgrounds. Staff to participant ratios will vary depending on the program you register for:

Junior Camps (4.5y-6y) - 1 staff for every 10 participants

Senior Camps (6y-14y) - 1 staff for every 12 participants

Multiple groups may be present in the same program space (e.g. Two junior groups may be present in the same room). Camps may have groups ranging from 20-30 campers in one program space.

Before registering for camps, consider if the camper is able to do the following either independently or with some extra support within the ratios described above:

- Follows directions and instructions from a staff person/adult/caregiver (e.g. Able to move from the program room to outside with limited prompting).
- Comfortable and able to interact in a group environment.
- Able to follow the Camper Code of Conduct.
- Able to participate in the program.
  - Participation in programs is based on the participant's individual needs;
     however, it is asked that participants demonstrate the ability to participate in as many of the program's activities as possible.
- Able to interact and participate in the program in a way that is safe for themselves and others (e.g. Staying within the program room).

If your child engages in behaviours at camp that may pose a safety risk to themselves or others, City staff will contact you to discuss support options for your child. This may include providing your own qualified support person to attend camp with your child. Please note, the City of Mississauga is proud to offer first-time employment opportunities for young people, hiring program staff starting at 15 years old. Many of our program staff are high school students who may have limited experience and training in behavior management and addressing diverse needs.

#### Inclusion

All camps and programs welcome children of all abilities to participate. Inclusion staff does not provide the same support as educational assistants or behaviour therapists. Inclusion staff provides verbal prompts for going to the washroom and changing. They cannot lift or transfer the participant or administer medication. For further information or assistance in developing a recreation plan for your child or to find out about our Inclusion support program, please call the Recreation Programmer, Inclusion at 905-615-3200 ext. 8147.

#### Safe Arrival and Dismissal

- Camper Information such as emergency contact information and those authorized to pick up will be collected at registration.
- Parent/legal guardians/caregivers must accompany the child to the sign-in area.
- Anyone listed as an authorized person must show a photo ID daily.
- Children under 10 years of age are not permitted to leave unescorted.
- Children 10 years and older may leave unescorted only if indicated at registration.

#### Late Fees

A late pick-up fee of \$5.00 for each 15-minute interval (or part thereof) will be charged.

#### What to Wear and Bring

Clothing should be casual and comfortable. Please dress your camper appropriately for weather conditions. Label all items with your camper's name:

- Indoor running shoes are recommended.
- All Summer Camps: dress for the weather rain gear, hat, bug spray, and sunscreen.
- All Winter Camps: be prepared to go outside boots, snow pants, winter jacket, hat, and mittens.
- Full Day Camps: bring lunch, two snacks, and beverages. Non-breakable water bottles are recommended.
- Half-Day Camps: bring one snack each day and, a beverage. We operate nut-aware facilities but encourage a nut-free lunch.
- If your camp goes swimming or participates in water day activities, campers must bring a bathing suit(s) and/or a change of clothes, towel, bag for a wet bathing suit and towel, water footwear, and anything else they may need for water day activities. Please ensure your children can dress themselves.



#### **Personal Items**

Leave personal items, including electronic devices, and toys at home. The City of Mississauga is not responsible for lost, stolen, or damaged items brought to camp.

#### Respect: Give It to Get It

To ensure that the camp experience is fun and safe for all, campers will:

- Respect other campers and their belongings.
- Respect staff.
- Respect the facility and equipment.
- Use friendly and appropriate language.
- Listen to staff and follow instructions.
- Dress for the weather and outdoor play (hat, sunscreen, bug spray, running shoes, rain gear)
- Share smiles and stories but not your lunch, sunscreen, and belongings.
- Keep personal items at home to keep them safe.
- Clean up after snack and lunch.
- Keep camp a fun and inclusive environment for all.

On the first day of camp, camp leaders will review and discuss respect and safety with campers.

Discussing the importance of respect and safety before camp will help campers understand expectations.

Campers who do not follow these expectations may be dismissed from camp. If dismissed, you will receive a call to pick your child up from camp. You will be given 60 minutes to arrange this.

#### **Medications**

Children requiring prescription medication at camp must:

- Have a completed <u>Parent/Legal Guardian Medication Consent</u> form.
- Campers must be able to self-administer medication under the supervision of camp/supervisory staff (through injection or otherwise), except epinephrine auto-injector for life-threatening allergies in the event of anaphylactic shock.
- If a camper cannot self-administer his/her medication, arrangements must be made for a parent/legal guardian or another qualified and trained individual to administer on-site at the prescribed time. A completed <u>Third Party Medication Administration</u> <u>Consent</u> form must be on site.
- Medication must be stored in its original container, and labeled with the pharmacist/pharmacy label, the child, doctor, medication name, dosage, and how the medication is administered and stored.
- Only one day's dosage may be sent each morning to camp staff for secure storage.
- If a dosage instrument is used (i.e. teaspoon) it must be supplied with the medication and labeled with the child's name.

Non-prescription and Natural Medications will not be accepted or stored and staff will not supervise their administration.

# Life Threatening Allergies

We are committed to providing an "allergy-aware" environment. Camp staff have received training to administer an epinephrine auto-injector in an emergency. If your child has a potentially life-threatening allergy, please notify us.

Children with a potentially life-threatening allergy while at camp must have:

- One (1) dose of current (not expired) epinephrine medication (Epi-pen®) that will be always carried on them, preferably in a waist pouch. We do recommend providing Two (2) doses, if possible.
- A completed <u>Anaphylaxis Emergency Plan Package</u> on site.
  - Anaphylaxis Emergency Plan
  - Parent/Legal Guardian Medication Consent
  - o Epinephrine Administration Agreement

These forms may be obtained in advance by clicking the link above, visiting our <u>camp</u> <u>website</u> or contacting the Program Supervisor at your camp location.



# Camps

## To be admitted to camp, you must ensure that:

- All forms have been completed and brought to the first day of camp.
- Medication is provided and has not expired.
- One (1) required epinephrine auto-injector dose has been provided.

#### **Staff Qualifications**

- Camp staff are certified in Emergency First Aid/CPR B.
- Camp staff are trained in <u>HIGH FIVE® Principles of Healthy Child Development</u>.
- Additional on-site and city-wide training is provided for all staff.

#### **Additional Questions?**

Contact your local community centre and the staff will assist you.