

# Body Composition Scan Request

Personal information on this form is collected under the authority of Section 11 of the *Municipal Act, 2001*. The information will be used in the administration of the program and to assess your fitness for the program. Questions about the collection of this information should be directed to Manager of Fitness, Tel. 905-615-3200 x2743 or email: libby.norris@mississauga.ca

## BODY COMPOSITION SCAN RATES (Prices exclude applicable taxes)

Type of Scan Requested	Fee	Details
<input type="checkbox"/> 30 Minute Scan	\$33.08/scan	Includes scan, print out of results & interpretation from a qualified trainer. Recommended for first time scans.
<input type="checkbox"/> 15 Minute Scan	\$16.54/scan	Includes scan & print out of results. Recommended for repeat scans.

## PLEASE FILL OUT THE FOLLOWING INFORMATION FOR EACH PERSON REQUESTING A SCAN.

### Applicant Details

Date (YYYY MM DD)	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>
Age	Phone Number (Home)	Alternate Phone Number
<input type="text"/>	<input type="text"/>	<input type="text"/>
Email Address		
<input type="text"/>		

### Scan Details

#### Preferred Location for Scan

- Burnhamthorpe CC     Huron Park     Malton CC     Meadowvale CC  
 Mississauga Valley CC     River Grove CC

#### Is there a specific Trainer you would like to work with?

#### Best Days and Times for your Scan

Day(s)  Time(s)

#### Reason for Requesting a Body Composition Scan

### Body Scan Recommendations

People with artificial electrical implants such as a defibrillator or pacemaker are not recommended to take an InBody Test. The electrical currents of the InBody may disrupt the functionality of life-sustaining implants.

Women who are on their menstrual cycle or are pregnant are not recommended to test as they may not obtain accurate results due to subtle changes in their hydration and body water levels. It is recommended to maintain the same testing conditions from test to test to produce high data reproducibility and comparability.

# City of Mississauga Fitness Centres

## Body Composition Scan - Terms and Conditions

---

### Definition of Terms

**Client(s):** The person or group purchasing a Body Composition Scan.

**Personal Trainer:** The City employee who's education, certification and personal experience qualifies them to perform Body Composition Scans, Fitness Consultation/Appraisals and design/prescribe Personal Exercise Programs.

**Body Composition Scan:** A session in which a Personal Trainer conducts a body composition scan for the client(s) guides/instructs the client(s) through suggested exercise design ideas based on their results & personal goals.

### Conditions of Sale

**Application Forms and Payment:** All members requesting a scan must complete an individual application form.

**Refunds:** Unused scans may be refunded subject to supervisor approval. No cancellation fee applies. See Customer Service for details.

**Scheduling:** Body Scan Composition appointments will be scheduled based on the availability of the Trainer. Training sessions must be co-ordinated within the Fitness Centre's scheduled hours of operation.

### Cancellations:

*Cancellations* must be received at least 24 hours in advance.

If the client is *late for a scheduled appointment*, then they lose that portion of their session.

When a client is a "No Show" for a session, a full session charge will be applied.

**Travel:** Trainers are not obligated to travel to Fitness Centres other than the Centre at which the service was purchased.

---

**I have read and agree to the Body Composition Scan Recommendations, Terms and Conditions.**

\_\_\_\_\_  
Signature or Signature of Parent/Guardian for those under the age of Majority (18 years of age)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

**SUBMIT FORM ONLINE WITHOUT A SIGNATURE (PHYSICAL SIGNATURE WILL BE REQUIRED AT APPOINTMENT). THE FORM MAY ALSO BE COMPLETED AND E-MAILED TO [FITNESS@MISSISSAUGA.CA](mailto:FITNESS@MISSISSAUGA.CA) OR SUBMITTED IN-PERSON AT ANY COMMUNITY CENTRE. YOU WILL BE CONTACTED WITHIN 5 BUSINESS DAYS TO SET UP YOUR APPOINTMENT.**